## Character Education Lesson Plans - 2015 - 2016

**Focus:** The following lesson plan is designed to help teach students about bullying identification, bullying prevention, recognizing the difference between conflicts and bullying, and learning to help by reporting bullying.

## Goals:

- Students will learn what to do when they see bullying or are being bullied.
- Students will learn to differentiate bullying from daily conflict situations everyone faces.
- Students will learn to identify the difference between telling and tattling.
- Students will understand how to effectively report bullying to obtain adult help.

## **Audience:**

- Kindergarten
- 1<sup>st</sup> 2<sup>nd</sup> Grade
- 3<sup>rd</sup> 4<sup>th</sup> Grade

## Overview:

- Definition of Bullying
- What are the different types of bullying?
  - o Physical
  - o Verbal
  - o Social
  - o Cyber
- Teasing vs. Bullying
  - Good Natured Teasing
  - Hurtful Teasing
- What is a Conflict
  - Video Example
- Why do students bully others?
- How can we stop bullying?
  - o If it is happening to us.
  - o If it is happening to someone else.
- What would you do?
  - o 4 Scenarios
- Is this bullying?
  - Identifying types of bullying through pictures
- Review
- The Sneetches Video By Dr. Seuss o Review questions after video.